

# 10 Helpful Things for Parents to Remember About School Meal Applications!

1. School Breakfast and Lunch are available to ALL students at little or no cost.
2. Your child does not need to sign up in advance to eat school breakfast or lunch, but you do need to complete an application in order to qualify for free or reduced price meals.
3. School Meal Applications are confidential.
4. Application forms are available in 26 different languages. Ask your school for a form in your preferred language.
5. You can complete a School Meal Application at ANY point during the year. Just request an application from your school.
6. If you already filled out a School Meal Application but your income has changed since then, you can fill out a new one.
7. If you have applied for unemployment insurance, you may be eligible to receive free school meals.
8. If you have applied for free or reduced price school meals for your child but were turned away because you make too much money, you may be eligible to receive SNAP (formerly food stamps). *If you receive SNAP benefits, your child is automatically eligible to receive FREE school meals!*
9. Schools receive state funding based on the information in school meal applications. This includes money for books, classroom furniture, school supplies, and other educational resources.
10. School meals are a great way to help families save time and money!

**Please contact your child's school and request a School Meals Application to see if your child can receive free or reduced price school meals!**

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