


# MCCPS June 2019 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Grilled Turkey &amp; Cheese w/ Steamed Broccoli and Pasta Salad</p> <p><i>Tuna in a Wheat Pita</i></p>	<p>4 Taco Bar w/ Fresh Garden Salsa, Cheddar, Lettuce &amp; More served w/ Black Beans and Rice</p> <p><i>Hummus Wrap w/ Fresh Crisp Veggies</i></p>	<p>5 Wheat Pasta w/ Homemade Marinara or Meat Sauce served w/ Veggies &amp; Fresh Made Foccacia</p> <p><i>Veggie Melt on Foccacia</i></p>	<p>6 <a href="#">Annual BBQ</a> <a href="#">All are welcome</a> <a href="#">RSVP by 5/30</a> Hamburgers w/ Choice of Cheese, Pasta Salad and Fresh Fruit Veggie burgers are available (if ordered in advance)</p>	<p>7 <u>½ day</u> <b>Specials</b> <u>Available in the Cafe</u></p>
<p>10 Potato Bar w/ Ham, Cheddar, Broccoli and Fresh Garden Salsa served w/ a cup of Chili</p> <p><i>Tuna in a Wheat Pita</i></p>	<p>11 Pulled Chicken Soft Tacos w/ Corn Salsa, Cheddar, Lettuce &amp; Sour Cream Served with Rice &amp; Beans</p> <p><i>Hummus Wrap w/ Fresh Crisp Veggies</i></p>	<p>12 Homemade Mac &amp; Cheese w/ Steamed Mixed Veggies &amp; Fresh Garlic Bread</p> <p><i>Veggie Melt on Foccacia</i></p>	<p>13 BBQ Pulled Pork Sandwich w/ Cole Slaw &amp; Apple Sauce</p> <p>Chicken Salad Wrap</p>	<p>14 Home Made Charter Pan Pizza Served w/ Home Made Caesar Salad</p> <p><i>Veggie Burger</i></p>
<p>17 <u>Breakfast for Lunch</u> Pancakes w/ Berries served w/ Sausage, Home Fries and Fruit</p>	<p>18 <u>½ day</u> <b>Specials</b> <u>Available in the Cafe</u></p>	<p>19 <u>½ day</u> <b>Specials</b> <u>Available in the Cafe</u></p>	<p>20 <i>Have Great and Safe Summer!</i></p>	<p>21 </p>
24	25	26	27	28
	28	29	30	31

## Meal Prices

Meal Deal (\$4.00): Entrée, vegetable, salad bar, & milk/juice, or sandwich vegetables, salad bar & milk/juice

Salad Bar: (\$2.25 for a bowl \$3.25 for lg. plate) Lettuce, seasonal fresh vegetables and fruit, and a variety of homemade salads, grains and protein. (w/ milk or juice add \$.75)

Available every day: Homemade Veggie Burgers, PB&J sandwiches, daily sandwich choice, Hummus & Veggie plate and juice or milk (chocolate, 1% and skim)

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