

MCCPS January BREAKFAST 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 <u>New Years Day</u> <u>No School</u>	2 Scrambled Eggs w/ or served w/out Cheese w/ English Muffin, Sausage and Fresh Fruit	3 Waffle Sticks w/ Turkey Sausage & Fresh Fruit	4 Scrambled Eggs w/ or w/out Cheese w/ English Muffin, Sausage and Fresh Fruit
7 Whole Wheat Pancakes w/ Syrup & Pork Sausage w/ Fresh Fruit	8 Homemade French Toast w/ Turkey Sausage Patties & Fresh Fruit	9 Scrambled Eggs w/ or w/out Cheese served w/ Mini Bagels, Turkey Bacon & Fresh Fruit	10 Waffle Sticks w/ Turkey Sausage & Fresh Fruit	11 Scrambled Eggs w/ or w/out Cheese w/ English Muffin, Sausage and Fresh Fruit
14 Whole Wheat Pancakes w/ Syrup & Pork Sausage w/ Fresh Fruit	15 Homemade French Toast w/ Turkey Sausage Patties & Fresh Fruit	16 Scrambled Eggs w/ or w/out Cheese served w/ Mini Bagels, Turkey Bacon & Fresh Fruit	17 Waffle Sticks w/ Turkey Sausage & Fresh Fruit	18 Scrambled Eggs w/ or w/out Cheese w/ English Muffin, Sausage and Fresh Fruit
21 <u>Marton Luther</u> <u>King Jr. Day</u> <u>No School</u>	22 Homemade French Toast w/ Turkey Sausage Patties & Fresh Fruit	23 Scrambled Eggs w/ or w/out Cheese served w/ Mini Bagels, Turkey Bacon & Fresh Fruit	24 Waffle Sticks w/ Turkey Sausage & Fresh Fruit	25 Scrambled Eggs w/ or w/out Cheese w/ English Muffin, Sausage and Fresh Fruit
28 Whole Wheat Pancakes w/ Syrup & Pork Sausage w/ Fresh Fruit	29 Homemade French Toast w/ Turkey Sausage Patties & Fresh Fruit	30 Scrambled Eggs w/ or w/out Cheese served w/ Mini Bagels, Turkey Bacon & Fresh Fruit	31 Waffle Sticks w/ Turkey Sausage & Fresh Fruit	

Offerings:

In addition to the daily offerings we offer a variety of items at breakfast. Bagels, whole-wheat English muffins, fresh made muffins and breakfast breads, assorted cereal and home made granola Whole fruit, fresh fruit cups, yogurt and a hot oatmeal bar w/ assorted topping.

Meal Prices

Breakfast prices are \$2.50 for students and \$3.00 for adults. Choice of juice and milk (chocolate, 1% and skim) and the variety of items, from each food group are included in the price or can be purchased a la carte.

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